“Education must nurture the whole child. Apart from skills and knowledge, children need to cultivate sound morals; strength of character, healthy habits, team spirit and an aesthetic appreciation for the world around them.”

~ Mr Wee Heng Tin, Director-General of Education (1998)
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WRS Co-Curricular Activity (CCA) Policy

1. CCA participation in Woodlands Ring Secondary (WRS) is compulsory for all students.

2. Parental support is expected to ensure that the students achieve 90% attendance in their respective CCA in any given year.

3. Students absent from CCA without a valid reason will face appropriate consequences meted out by their respective CCA teachers-in-charge.

4. Not all students will be given their chosen option as CCAs that are oversubscribed will admit students based on merit.

5. Students who are not assigned their chosen option will be given another opportunity for further trials (rule 4 still applies).

6. Students’ participation in CCA is important because all involvement in CCA and Values in Action (VIA) will be recorded in the School Graduation Certificate.
Overview of CCAs in WRS:

CLUBS AND SOCIETIES
1. AVA & Photography
2. Media Resource Library
3. Robotics

PHYSICAL SPORTS
1. Badminton (Boys)
2. Basketball (Boys)
3. Hockey (Boys)
4. Netball (Girls)
5. Softball (Boys)
6. Volleyball (Girls)

UNIFORMED GROUPS
1. National Cadet Corps (NCC) – (Boys)
2. National Police Cadet Corps (NPCC) – (Boys & Girls)
3. St John Brigade (SJB) – (Boys & Girls)

VISUAL & PERFORMING ARTS
1. Chinese Dance
2. Choir
3. English Drama Club
4. Guzheng Ensemble
5. Malay Dance
6. Modern Dance
7. Symphonic Band
CLUBS AND SOCIETIES
### Name of CCA: AVA & PHOTOGRAPHY

### Name of Teachers:
- Miss Oei Hun Ling (I/C)
- Mr Tan Hong Tee
- Miss Deborah Ong Yu Ting

### About the CCA: AV/PA

The club consists of more than 60 trained and dedicated members to serve the school in many areas, ranging from the smooth running of morning assemblies to every event and programme that requires the support of Audio/Video aid. Our key focus is to train members to provide quality and professional support for the teaching and learning needs of the school.

#### Photography/Videography

All members will be given opportunities to be trained and to handle digital cameras and digital video cameras to capture images and videos of important school events.

#### Training Opportunities

In 2015, about 60 members attended DSLR Photography, Event Photography and Videography courses. Members learned valuable knowledge and had the opportunity to apply their skills during a learning journey to Gardens By the Bay.

#### Leadership opportunities

Members will have ample opportunities for leadership training. They are nominated by their peers and assume the appointment as an Assistant Group Leader. They can aspire to be a Group Leader right up to the highest position of AVA Chairperson.

### Achievement(s) : 2015

- **Indoor Solar Racer: Champion**
  - Daphne Ooi (4-3-B)
  - Ho Pei Qi (3-2)
  - Yong Xuan Wei Johan (3-2)
  - Nicole Ng (3-4)
  - Choo Jun Quan (3-1)
  - Chong Jun Xian (3-3)
  - Angelin Ng Jing Xing (2-3)

### 2014

- **MOE Excel Fest ('Valuing Every Child'): Special Mention**
  - Student Category: Choo Jin Quan (2-1)

- **Heartland Stories (Youth Category): Distinction Award**
  - Matthew Pau (3-3A)

- **Green CarpetTM Awards 2014**
  - Top 20 Recipients: Amira Bte Arsat (1-4)
  - Top 100 Recipients: Angelin Ng Jing Xing (1-3)
  - Yong Xuan Wei Johan (2-2)

- **Unite Against Corruption Video Competition: Merit Award**
  - Ooi Hui Ling Sandy (4-7)
  - Tan Jun An Gavin (3-7)
  - Low Zhin Xuan, Ashley (3-5)
  - Fu YiLin (3-5)
  - Liu Xiao Feng (3-4)
  - Tan Guo Feng (3-4)
Daphne Ooi (3-3B)  
Ahmad Muwaffaq (3-3B)  
Muhammad Suhaimi (3-3B)  
Lim Chia Yeh (3-3B)  
Nur Faathin (3-2)  

- Indoor Solar Racer: 3rd Prize  
  Daphne Ooi (3-3B)  
  Yong Xuan Wei Johan (2-2)  
  Jo Choo Jun Quan (2-1)  
  Angelin Ng Jing Xing (1-3)  

- Ho Pei Qi (2-4)  
  Nicole Ng (2-2)  
  Chong Jun Xian (2-1)  

**Frequency of CCA**

- **School Term**: 1) Day 1 to Day 10  
  Morning Duty: 7.00 – 7.50 am  
  After school Duty: 2.30 – 5.00 pm (Ad hoc basis)  
  2) Training on every Wednesday  
  Time: 3.00 – 5.00 pm  

- **School Holiday**: Once per term  

- **Others**: Need to commit during Major School events and provide AV/PA & Photography/ Videography support.  

**Expenses to be borne by students**

- CCA T-Shirt (Estimated cost less than $10 in Cash);  
- Digital photography workshop (Estimated $150 from Edusave for Singaporean, cash for PR & foreign student)  

**Targeted Student Profile**

- Must be physically fit;  
- enjoy outdoors;  
- keen interest in photography;  
- positive learning attitude and willingness to serve the school and committee  

**CCA Trial Procedures**

- Interview with Teachers-in-charge to determine interest and suitability for the CCA.  

**Target number of students**: 15  

**Photos**

- Indoor Solar Racer: Champion  
  Daphne Ooi (4-3-B), Ho Pei Qi (3-2),  
  Johan Yong (3-2), Nicole Ng (3-4),  
  Choo Jun Quan (3-1), Angelin Ng (3-3)  
  Chong Jun Xian (3-3)  

- AVA members smiling for the camera.
Name of CCA : MEDIA RESOURCE LIBRARY

Name of Teachers : Mdm Jasapal Kaur (I/C)
Mr Oh Eu Jin Conrad

About the CCA : The Media Resource Library (MRL) is an active learning hub that supports the students in their pursuit for learning with its rich and varied resources. Student Librarians get the opportunities to inculcate a love for reading and learning by putting up varied monthly thematic book displays and book related activities of different genres.

Throughout the year, the MRL is a buzz of activities on special days such as Valentines’ Day, Chinese New Year, Racial Harmony Day and various themed activities. Student Librarians organise inter-class competitions related to the events to promote social bonding amongst the students and occasionally, teachers.

Student Librarians are also active contributors who give back to the community. They assist in the running of the MRL on a day-to-day basis. Intra-school competitions are created and then executed by these Student Librarians. When opportunity arises, the student librarians would also enrol in Inter-school competitions. As part of the Values In Action (VIA) project, the student librarians also volunteer their time and service at the nearby Woodlands Regional Library.

Achievement(s) : 2015
- Decorate and Display Inter-school Competition
  - Certificate of Participation
- Know Your Country Inter-school Competition
  - Qualified for Stage two
  - Stage two - Certificate of Participation
- Singapore GrandPrix Online Inter-school Challenge
  - Finals – 2nd Placing (Ties with 1st Placing but ranked 2nd fastest overall time)

2013 / 2014
- Intra-School Competitions (e.g. Charades, Mothers’ Day Event)
Sure Club (NLB) – Certificates and Tokens of Appreciation

Frequency of CCA
School Term : Once a week, 2 hours per session after school in the school library:

<table>
<thead>
<tr>
<th>Day</th>
<th>Duty timing</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mon to Thurs</td>
<td>3.00 – 5.00 pm</td>
</tr>
<tr>
<td>Fri</td>
<td>2.30 - 4.30 pm</td>
</tr>
</tbody>
</table>

School Holiday : Student Librarians are expected to participate actively in the following activities during the school holidays:
- VIA programme at National Library Board (NLB) during the June and November holidays
- Library training/workshops camps (at least 2 per year)
### Others

**Ad-hoc Activities** – Student librarians are expected to:
- Come on extra days as and when the library organises activities for the school community e.g. Book jacket competition, quizzes, charades, etc.
- Attend meetings and briefings as and when activities are to be carried out
- Participate in internal or external training courses

### Expenses to be borne by students

CCAT-shirt (estimated cost $15)
- Students will be required to purchase a new T-shirt if he/she outgrows his/her T-shirt.
- External Courses (Co-payment is required)

### Targeted Student Profile

- Students who are
  - good public speakers and team players
  - proactive in preparing and running activities
  - willing to share knowledge with others
  - keen on learning communication and research skills

### CCA Trial Procedures

- Interview with Teachers-in-charge

### Target number of students

- 8 students

### Photos

![Photos](image-url)
Name of CCA : ROBOTICS

Name of Teachers : Mr Ravintharan Palanisamy (Subject Head of Robotics)  
Mr Lim Kwang Hock Matthew (Senior Teacher / VEX)  
Mr Loy Liang Teck (Senior Teacher / AERO)  
Mdm Norhani Bte Samsuri (AED / AERO)  
Miss Nur Izzah Bte Amirruddin (Teacher / RoboGP)  
Mr Toh Yeow Chong John (Teacher / RoboGP)  
Mr See Poo Leng Jeremy (Teacher / TETRIX LEGO)  
Mr Chan Han Yen (Teacher / TETRIX LEGO)

About the CCA : Woodlands Ring Secondary School has sustained a sound twelve-year track record in Robotics since the Robotics Club was set up as a CCA in 2003. The Robotics Club has a team of competent, dedicated and passionate teacher facilitators, who are willing to go the extra mile to provide invaluable opportunities for its members to learn, excel and participate in both national and international competitions.

The founding principle of the Club stems from the quote, “Nothing replaces hard work.” In 2015, members represented the school at 13 national competitions and emerged Champions in 8 different events. This exposure enables the students to share and exchange ideas, thereby extending the students’ learning.

In November 2015, the Robotics Club collaborated with the school’s Student Council in organising informal twinning-cum-community service projects with Ban Wan Lung School, Chiangmai, Thailand. The Overseas Community Involvement Programme gave the members an opportunity to learn to work together as a team and interact with youths from different cultures. They also forged strong friendships, established meaningful exchanges in Robotics and walked away with new perspectives of the world around them.

Achievement(s) : Interschool Robotics Challenge 2015
- Obstacle Avoidance
  - Champion and 1st Runner – up
- Creative Challenge
  - 2 Merit awards

National Solar Sprint Competition 2015
- Best Designed Car
  - 1st Runner – up

Most Popular Car
- Champion and 1st Runner – up

First Lego League Championship 2015
- Best Programming
  - Champion

World Robot Games in Jakarta, Indonesia 2015
- Line Tracing
  - Champion and 1st Runner – up
RoboCup Junior Singapore Open 2015
Soccer Robot (Secondary School Category)
• 2\textsuperscript{nd} Runner – up
• One team qualified to represent Singapore at World RoboCup Junior in Hebei, China

Singapore Junior Water Prize Competition 2015
Secondary School Under 15 Category
• 1\textsuperscript{st} Runner – up

National Junior Robotics Competition 2015
Open Category
• Finalist (Top 6)

Marine and Offshore Challenge 2015
Water Grand Prix
• Champion, 1\textsuperscript{st} Runner – up and 2\textsuperscript{nd} Runner – up

Marine Quiz
• Champion and 1\textsuperscript{st} Runner – up

Singapore VEX Robotics Championship 2015
VEX Category
• 2\textsuperscript{nd} Runner-up in Secondary Division
• 2\textsuperscript{nd} Runner-up in Programming Skill Challenge
• 4 teams qualified for Asia Pacific VEX Robotics Championship 2015-2016 at Abu Dhabi

VEX IQ Category
• Champion in Main Game
• 1\textsuperscript{st} Runner-up in Main Game (2 teams)
• 1\textsuperscript{st} Runner-up in Robot Skills Challenge
• 2\textsuperscript{nd} Runner-up in Robot Skills Challenge
• 2\textsuperscript{nd} Runner-up in Programming Skills Challenge

• GOLD in Exploration Challenge
• BRONZE in Autonomous Challenge

Bull’s Eye Competition 2015
• Most Creative Design Award

GliderFest 2015
• Champion
## Frequency of CCA

<table>
<thead>
<tr>
<th>School Term</th>
<th>Weekly Sessions and Non-Competition Season</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Robo GP</strong></td>
<td>Friday: 2.30 – 5.30 pm</td>
</tr>
<tr>
<td><strong>TETRIX / LEGO</strong></td>
<td>Wednesday: 3.00 – 5.30 pm</td>
</tr>
<tr>
<td><strong>AERO</strong></td>
<td>Wednesday: 3.00 – 5.30 pm</td>
</tr>
<tr>
<td><strong>VEX</strong></td>
<td>Wednesday from 3.00 - 5.30 pm for Sec 1.</td>
</tr>
<tr>
<td></td>
<td>Wednesday from 3.00 - 5.30 pm and Friday 2.30 – 5.30 pm for other levels</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>School Holiday</th>
<th>Robo GP</th>
<th>Only for members who are participating in a competition</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Monday to Friday: 8.00am - 5.00 pm</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Others</th>
<th>Competition Season</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Robo GP</strong></td>
<td>Only for members who are participating in a competition</td>
</tr>
<tr>
<td></td>
<td>Monday to Friday: 3.00 – 5.30 pm</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>VEX (Core Group Only)</strong></th>
<th>At least 3-4 times per week subjected to teams' progress from 3.00 - 5.30 pm</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Competition seasons for the VEX group.</td>
</tr>
<tr>
<td></td>
<td>Autodesk Singapore NSEW Robotics Skills Challenge (Jan-Mar)</td>
</tr>
<tr>
<td></td>
<td>VEX Robotics World Championship (Apr)-Based on Qualification</td>
</tr>
<tr>
<td></td>
<td>Singapore VEX Robotics Championship (Jun)</td>
</tr>
<tr>
<td></td>
<td>East Zone DSTA-DSO Robotics Skills Challenge (Jul)</td>
</tr>
<tr>
<td></td>
<td>Asia Pacific VEX Robotics Championship (Nov)-Based on Qualification</td>
</tr>
</tbody>
</table>

## Expenses to be borne by students

- CCA T-shirt (Estimated cost is $10)

## Targeted Student Profile

- Students who have some experience in Robotics (an advantage though not a requirement).
- Students who have a passion for learning.
- Students who are curious and like to explore new ideas.
- Students who are hardworking, committed and self-directed.

## CCA Trial Procedures

- An interview and a practical test

## Target number of students

- Up to 30 students.
Photos:

MARINE AND OFFSHORE CHALLENGE 2015

INTERSCHOOL ROBOTICS CHALLENGE 2015
SINGAPORE VEX ROBOTICS CHAMPIONSHIP 2015

TEAM BUILDING AND CELEBRATION 2015
PHYSICAL SPORTS
<table>
<thead>
<tr>
<th>Name of CCA</th>
<th>BADMINTON (BOYS)</th>
</tr>
</thead>
</table>
| Name of Teachers | Mrs Oh Mei Ting (I/C)  
|                  | Mr Fan Ruizhong  
|                  | Mrs Leong Xuemin |
| About the CCA    | The Badminton team is guided by the School’s 3 As (Attendance, Attire and Attitude) and 3 Rs (Responsibility, Respect and Resilience). The team works hard and is exemplary in both behaviour and studies. Members show commitment and dedication in working towards the success of the team. The most deserving members will represent the school in the Annual North Zone Badminton Tournament. WRS Badminton prepares and develops our students holistically. The physical training strengthens students’ physical and mental endurance. Besides honing their playing skills, there are also many opportunities for all-round development such as learning to be an umpire, keeping statistics, being a team manager, etc. Leadership skills are also developed through organising school and CCA events such as the 4-Schools Invitational Badminton Team Challenge. It will be a rewarding experience for the students as they develop their values, personal characters, leadership and decision-making skills. |
| Achievement(s)   | 2015              
|                  | • North Zone Badminton Tournament: ‘C’ Boys – Round 1  
|                  | • North Zone Badminton Tournament: ‘B’ Boys – Top 8  
|                  | 2014              
|                  | • North Zone Badminton Tournament: ‘C’ Boys – Top 8  
|                  | • North Zone Badminton Tournament: ‘B’ Boys – Round 1  
|                  | 2013              
|                  | • North Zone Badminton Tournament: ‘C’ Boys – Top 8  
|                  | • North Zone Badminton Tournament: ‘B’ Boys – Round 1  
|                  | 2012              
|                  | • North Zone Badminton Tournament: ‘C’ Boys – Round 1  
|                  | • North Zone Badminton Tournament: ‘B’ Boys – Round 1  
|                  | 2011              
|                  | • North Zone Badminton Tournament: ‘C’ Boys – Top 8  
|                  | • North Zone Badminton Tournament: ‘B’ Boys – Round 1  
|                  | 2010              
|                  | • North Zone Badminton Tournament: ‘C’ Boys – 4th Position  
|                  | • National Badminton Tournament: ‘C’ Boys – Round 1  
|                  | • North Zone Badminton Tournament: ‘B’ Boys – Round 1  |
| Frequency of CCA | School Term: 2 sessions per week, 2.5 hours per session  
|                  | Training days  
|                  | • Mondays & Wednesdays: 3.00 – 5.30 pm  
|                  | • Players are required to travel to Republic Polytechnic / Woodlands Sports Hall for trainings on days when the hall is used for national examinations /
### School Holiday
- Only during June and November/December holidays
  - June holiday (2 weeks)
    - 2 sessions a week, 3 hours per session
    - Mondays & Wednesdays (9 am – 12 pm)
  - November/December holiday
    - 3 sessions a week, 3 hours per session
    - Mondays, Wednesdays & Fridays (9 am – 12 pm)
- For the November/December holidays, trainings will stop in early December for the players to rest and enjoy Christmas as well as for parents to make travel plans.

### Others
- During North Zone tournament, players might be required to attend 4 to 5 sessions (including match days) per week.
- Participation in external tournaments and friendly matches may require players to play on some weekends.
- Players will participate and assist in the organisation of the 4-Schools Invitational Badminton Team Challenge.
- Players are required to assist in ad-hoc activities (e.g. Sec 1 Orientation, VIA, etc) on certain days.

### Expenses to be borne by students
- Players are required to purchase the following items:
  - CCA t-shirts: to purchase 2 t-shirts (pricelist: ~ $10 per t-shirt) twice over 4 – 5 years
  - Personal badminton rackets with grips (pricelist: ~ $65) and training footwear (pricelist: ~ $50 - $80)
- School team players are required to co-pay for their own team jerseys for representation during the North Zone tournament.

### Targeted Student Profile
- Students who possess the following characteristics:
  - Sporty
  - Athletic
  - Interested in Badminton
  - Can endure long hours of physical training
  - Willingness to learn

*Background and experiences on playing badminton are not a pre-requisite.*

### CCA Trial Procedures
- Station 1: Shuttle run
- Station 2: Skills test (e.g. ability in catching / receiving shuttles, balls, etc)
- Station 3: Agility (legs movement)
- Attire
  - School PE Attire
  - *Bring along your own Badminton racket.*

### Target number of students
- 12 – 15 (maximum)
Photos:

WRS Badminton Family

‘B’ Division Boys
Posing with the National Athletes
**Name of CCA**: BASKETBALL (BOYS)

**Name of Teachers**: Mr Soh Kian Hong (I/C)
Miss Gan Hwee Fern
Mr Tok Hong Da
Miss Foong Xiuting, Stephanie

**About the CCA**: Basketball is one of the most popular team sports. WRS basketball programme engages our members physically, mentally and holistically. In our 4-5 years programme, we provide our players with opportunities to compete and hone their skills. In preparing for the competitions and through participation in various WRS Basketball activities, our players learn life lessons and develop valuable character traits to be a disciplined, matured and resilient Basketball team.

The team participates in various matches and competitions to enable our students to learn.
- The National School Games (North Zone) is the highlight of the year.
- Teens Network (T-Net) Basketball tournament is a preparatory competition before the National School Games in order for our team to discover, reflect and strengthen our team play.
- Friendly matches against different schools provide another new sporting experience for WRS students to interact and learn with from others.

There are different appointments in WRS Basketball that provide our members with the opportunities to lead, plan and execute different programmes for different levels within the team.

All in all, WRS Basketball is beyond a game. It is a total package that will develop students in their personal characters, values, leadership and decision-making skills. We strongly recommend this game for boys to become strong, determined and fast thinking young men who play in a selfless team manner.

**Achievement(s)**

<table>
<thead>
<tr>
<th>Year</th>
<th>Achievements</th>
</tr>
</thead>
<tbody>
<tr>
<td>2015</td>
<td>- T-Net Club U14 (Level 2) Basketball Tournament – 4th&lt;br&gt; - North Zone ‘C’ Division – Top 12&lt;br&gt; - North Zone ‘B’ Division – 1st round</td>
</tr>
<tr>
<td>2014</td>
<td>- North Zone ‘C’ Division – 1st round&lt;br&gt; - North Zone ‘B’ Division – 1st round</td>
</tr>
<tr>
<td>2013</td>
<td>- North Zone ‘C’ Division – 1st round&lt;br&gt; - North Zone ‘B’ Division – 1st round</td>
</tr>
<tr>
<td>2012</td>
<td>- North Zone ‘C’ Division – 1st round&lt;br&gt; - North Zone ‘B’ Division – 1st round</td>
</tr>
</tbody>
</table>
### Frequency of CCA

| School Term          | Twice per week (may be thrice a week during tournament season)  
| Training days: Monday & Wednesday  
| Timing: 3:00 – 5:30pm  
| School Holiday       | Thrice per week (only during June and November/December holidays)  
| Monday, Wednesday and Friday; 8 - 11am  
| Others               | Selected players may be required to attend additional trainings or play inter-schools games on non-training days. Members are also required to complete Values in Action (VIA) projects and provide logistics support to major school events so as to become socially responsible citizens who contribute meaningfully to the community.  

### Expenses to be borne by students

| Players are required to purchase the following items:  
| - CCA t-shirt (~ $10 per t-shirt): to purchase twice over 4 – 5 years  
| - 1 set of reversible training jersey set (~ $40/set): For use over 4 – 5 years  
| - Basketball shoes  

School team players are required to co-pay for their own team jerseys for representation during the North Zone tournament.

### Targeted Student Profile

- Willingness to undergo tough and demanding physical training  
- Willingness to learn  

*Background and experiences on playing basketball are not a pre-requisite.*

### CCA Trial Procedures

| The stations include:  
| - Agility test  
| - Ball handling  

### Target number of students

- 12 – 15 boys (maximum)

### Photos

![Our ‘C’ Division boys after their T-Net Win!](image-url)
After a hard day’s work @ Sports Day!

WRS Basketball Family!
# Name of CCA

**HOCKEY (BOYS)**

## Name of Teachers
- Mr Tan Yu Wei, Joshua (I/C)
- Mr Karamjit Singh
- Mr Tan Zhong Rong Freddy
- Mdm Amirah Bte Ariffin

## About the CCA

The Hockey CCA is a new CCA entering its sixth year. While it is relatively new in WRS, it began its journey with excellent support from Mr. Joshua Tan (Overall Teacher I/C). He has over 20 years of competitive hockey experience. Mr Tan is a qualified hockey coach and was the teacher I/C for Innova Junior College’s (IJC) Hockey Hypernovas for 5 years. Mdm Amirah is an excellent AED who cultivates the students’ talents. We have expanded to include Mr Freddy Tan, a vibrant and nurturing teacher who brings a fresh approach to the game. Mr Karamjit is an experienced and forward thinking professional who introduces structure and sets direction for the team.

WRS Hockey is part of the Hypernovas family and benefits from training with and learning from Alumnis, Bukit Panjang Government High School (BPGHS) and Innova Junior College (IJC). The players also benefit from pitch training sessions at various hockey facilities around Singapore, including the brand new Sengkang Hockey Stadium. WRS Hockey players with potential will also be given a chance to develop themselves, representing the Hypernovas in the National Hockey League 5.

The WRS Hockey players participated for the first time in the National C Divisions in 2012 and did very well. As the newest hockey playing school in Singapore, they overcame many more established schools and finished 1st Runner Up in the C Division Bowl Tournament.

WRS Hockey also emerged Champions in the Annual Hypernova Fiesta in December (Lower Sec Category) for the fourth time running in 2014. This is an excellent start for a relatively new CCA.

In 2014, we progressed well and qualified for the plate tournament which is a step up from the bowl tournament. There, we achieved the 2nd runner up spot. WRS Hockey players are expected to be exemplary in behavior, studies and attitude. Only those who show commitment and team spirit will be chosen to represent the school.

## Achievement(s)

### 2015
- 2nd Runner Up, National ‘B’ Division Plate Tournament 2015
- 1st Runner Up, National ‘C’ Division Plate Tournament 2015
- 8th Position, National Hockey League 5 2015
- 4th Position, Hockey Youth Liga 2015

### 2014
- 2nd Runner Up, National ‘B’ Division Plate Tournament 2014
- 1st Runner Up, National ‘C’ Division Bowl Tournament 2014
- 10th Position, National Hockey League 5 2014
- Top 16, Singapore National Games Under 17
- Top 12, Singapore National Games Under 15
- Champions, Hypernova Fiesta (Junior Category) 2014
2013
- 1st Runner Up, National ‘C’ Division Bowl Tournament 2013
- Champions, Hypernova Fiesta (Junior Category) 2013

2012
- 1st Runner Up, National ‘C’ Division Bowl Tournament 2012
- Champions, Hypernova Fiesta (Junior Category) 2012

2011
- Champions, Hypernova Fiesta (Junior Category) 2011

Frequency of CCA

School Term:
- Monday, 3.00 – 5.30pm, School
- Thursday, 3.00 – 5.30pm, School
- Saturday, 8 – 11am, Pitch*

* Subject to availability. Players will be required to travel out of school to train at venue with full Hockey facilities. These training areas include:
- Physical Education and Sports Education Branch (PESEB), Sengkang Hockey Stadium, Hockey Village, NIE Hockey Pitch

School Holiday:
- March:
  - Initiation Bonding Camp @ School

- June:
  - Training Camp @ Hockey Village
  - Training days will be subjected to pitch availability

- November – December:
  - Training days will be subjected to pitch availability
  - Singapore National Games (SNG) 2016
  - Hypernova Fiesta

Others:
- Players selected to play in the Hockey Youth Liga may need to play on some weekends between March to June.
- Players selected to play in the National Hockey League may need to play on some weekends between July and October.
- Hypernovas Hockey Fiesta will be on Saturday, 3 December 2016

Expenses to be borne by students:

<table>
<thead>
<tr>
<th>Item / Description</th>
<th>Estimated Cost</th>
<th>FAS Subsidy</th>
<th>Frequency</th>
</tr>
</thead>
<tbody>
<tr>
<td>CCA training t-shirt</td>
<td>$20 (Cash)</td>
<td>-</td>
<td>Yearly</td>
</tr>
<tr>
<td>Hockey Clinic conducted at Hockey Village. It comes with a Starter Package consisting of Hockey stick, stick bag, ball, mouth guard, shin pads and socks.</td>
<td>$120 (Edusave)</td>
<td>50%</td>
<td>Secondary 1</td>
</tr>
<tr>
<td>Competition jerseys for selected players for school team.</td>
<td>$50 (co-pay with school)</td>
<td>100%</td>
<td>Yearly</td>
</tr>
</tbody>
</table>

Targeted Student Profile:
- Students who
  - are fit and fast and brave;
  - have good hand-eye coordination and be good team players;
who want to become strong and disciplined young men as training will be tough and will be outdoor.

CCA Trial Procedures

Attire: PE attire

Test items:

<table>
<thead>
<tr>
<th>Description</th>
<th>Skill</th>
</tr>
</thead>
</table>
| Able to perform simple hand-eye coordination skills | - Juggling of hockey ball using hockey stick more than 5 times  
- Able to dribble a ball using hockey stick in a straight line |
| Able to complete basic psychomotor ability test | - Speed, agility and quickness test |
| Basic understanding of ball/game sense, decision making and communicative characteristics | - Can be observed by playing a 4v4 Captain Ball game |

Target number of students

Minimum 15, Maximum 20

Photos

Our Hockey Hypernovas Family 2015

Cheering on our National Players at the SEA Games 2015
The school cheering on our ‘C’ Division which won 1st Runner Up for the Plates Tournament

Half-time team talk by Coach
<table>
<thead>
<tr>
<th>Name of CCA</th>
<th>NETBALL</th>
</tr>
</thead>
<tbody>
<tr>
<td>Name of Teacher(s)</td>
<td>Mdm Memymiswati Bte Chokri (I/C) Ms Dina Lee Ying Ying Miss Tan Gek Eng</td>
</tr>
<tr>
<td>About the CCA</td>
<td>WRS Netball Club is regarded as a well-disciplined and hardworking CCA. Members are required not only to be exemplary in behaviour but also to show excellent performance in their studies. Netballers are dedicated and committed in working together to achieve shared goals and success for the team. Members are not only groomed to be skillful players on court, they are also given opportunities to lead and organise events like the Secondary 1 CCA Bazaar, Secondary 1 CCA Trial, Farewell Party for Graduating Netballers and the annual Netball Camp.</td>
</tr>
</tbody>
</table>
| Achievement(s)    | 2015  
  - North Zone Netball Tournament ‘B’ division – Round 1  
  2014  
  - North Zone Netball Tournament ‘C’ division – Round 1  
  - North Zone Netball Tournament ‘B’ division – Round 1  
  2013  
  - North Zone Netball Tournament ‘C’ division – Round 1  
  - North Zone Netball Tournament ‘B’ division – Round 1  
  2012  
  - North Zone Netball Tournament ‘C’ division – Round 2  
  - North Zone Netball Tournament ‘B’ division – Round 1 |
| Frequency of CCA  | School Term: 2 times a week (Mondays and Wednesdays), 2.5 hours per training  
  School Holiday: 3 times a week (Mondays, Wednesdays and Thursdays), 3 hours per training  
  Others: During North Zone Tournament (Term 1), players may be required to train up to 4 times a week (including competition days). Participation in external tournaments, carnivals and friendly matches may require students to play on weekends. |
| Expenses to be borne by students | Training T-shirt and shorts (Minimum 2 pieces, $15 each, over 4 / 5 years)  
  Court shoes (Suitable for Netball, Usual Brand: Asics, Price range: about $80)  
  Sports tape  
  Ankle guard |
| Targeted Student Profile | Girls who like to engage in sports and are physically fit, or with no major medical conditions, are suitable for this activity. As netballers train under the sun, they must display high level of resilience as training can be challenging. |
CCA Selection Procedures: Speed and agility test, catching and throwing test and mini court game.

<table>
<thead>
<tr>
<th>Target number of students</th>
<th>Minimum: 12</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Maximum: 16</td>
</tr>
</tbody>
</table>

Photos:
# Name of CCA
**SOFTBALL (BOYS)**

## Name of Teachers
Mr Tay Wee Soo (I/C)
Mr Adnan Bin Mahmud
Miss Nurharizah Bte Mohamad Hamzah

## About the CCA
An exciting game that demands the use of skills like catching, throwing, running and batting to excel in the game. Besides, it is a game that requires a very strong mental will to sustain. The WRS Wildcubs is a big family whose members play as hard as they study. Members of the Wildcubs get to experience various competitions and carnivals such as the National Softball tournaments as well as the SRC Softball carnivals. Commitment and the passion to learn are our pre-requisites for any new member to the WRS Wildcubs family. Once inducted, each member will be given the very best avenue to grow and learn as much of oneself as they would learn about the sport of softball.

**WRS Softball Team Motto - Play with Passion, Roar with Pride!**

## Achievement(s)
- B Div Boys Top 8 of National School Softball Championship 2012.
- Nicholas Tan selected to play in Combine School 2012.
- Players were selected to play in National Baseball Team 2011 – 2013.
- Kuan Jiahao awarded **LKY All Round Excellence Awards** (for both academic & CCA contribution) in 2013.

## Frequency of CCA
### School Term
- ‘B’ Division - Every Tuesday, Thursday. 3.00 to 5.30 pm
- ‘C’ Division - Every Monday, Thursday. 3.00 to 5.30 pm

### School Holiday
- June & December Holidays
  Regular training and up to 1 full day session and 2 half-day session per week

### Others
- During the ‘B’ and ‘C’ Division National Competition, school players may be required to attend training up to 4 times a week.
- ‘B’ Division Tournament: January to April.
- ‘C’ Division Tournament: July to August.

## Expenses to be borne by students
- Gloves - $80
- Boots/long socks/shin pad - $70

## Targeted Student Profile
- Students who like to be outdoors
- Students who can endure long hours of physical training
- Students whose medical condition do not exempt them from strenuous activities

## CCA Trial Procedures
- 5 test stations to assess skills required in Softball

## Target number of students
15
Photos:

WRS SOFTBALL

PLAY WITH PASSION

ROAR WITH PRIDE
<table>
<thead>
<tr>
<th>Name of CCA</th>
<th>VOLLEYBALL (GIRLS)</th>
</tr>
</thead>
</table>
| Name of Teachers  | Miss Lim Hwee Ee (Janay) (I/C)  
Mrs Goh Lee Ching  
Mr Tan Gim Yong (Justin) |
| About the CCA     | The Volleyball Girls’ team trains diligently three times a week during the competitive season and twice weekly during the non-competitive season. Team-building activities, on top of inter-school volleyball tournaments, will be organised for the holistic development of our players. Since 2000, the Team has done the school proud in North-Zone Inter-Schools Volleyball Competition and National Schools Championship. We maintained the top 4 position in the North Zone from 2001 to 2005, 2008 for ‘C’ Division and from 2003 to 2007 for ‘B’ Division. The ‘C’ Girls were National 2nd Runners-up and 1st Runners-up in 2001 and 2002 respectively. The team achieved her five-year-goal with two teams in National Top Eight in 2004. Our players not only acquire Volleyball playing skills in the sport, but will also become more resilient by overcoming challenges. With programmes and activities to develop perseverance and time-management skills, majority of our players do well in their academic studies too. In 2011 GCE ‘O’ Level Examination, our Volleyball team produces a top Secondary 4 Express student with 5 Distinctions. Players are also given ample opportunities to organise inter-class competitions so as to develop their leadership and organisational skills. A large number of our Volleyball players have been selected to serve as Class or Student Leaders. |
| Achievement(s)    | 2012 - 2015  
• North-Zone Inter-school Volleyball Competition ‘B’ and ‘C’ Div – Participation  
2011  
• North-Zone Inter-school Volleyball Competition ‘B’ and ‘C’ Div – 2nd round  
2010  
• North-Zone Inter-school Volleyball Competition ‘B’ Div – 2nd runner up  
2009  
• North-Zone Inter-school Volleyball Competition ‘C’ Div – 3rd runner up |
| Frequency of CCA  | School Term  
• 3 times/week; Monday, Wednesday, Thursday (Competitive season)  
• 2 times/week; Monday and Thursday (Non-competitive season)  
• Secondary 1 only: 2 times/week; Monday and Thursday  
3.00 to 5.30 pm  
School Holiday  
• 3 times/week; Monday, Wednesday, Thursday  
• 8.00 am – 12.30 pm  
Others  
Players will be required to attend additional trainings or play in inter-school volleyball games on non-training days. |
| Expenses to be borne by students | • Volleyball T-shirt ($20)  
| | • Competition Jersey ($25)  
| | • Tights ($18)  
| | • Shorts ($12)  
| | • Knee Pads ($18)  
| | • Volleyball Shoes ($80)  
| | • Estimated Total Cost Per Student = $173  
| | • Subsidy will be provided by the school for competition attire.  
| Targeted Student Profile | Hardworking, committed and responsible students who are willing to constantly challenge themselves mentally and physically to discover their talents and strengths. Team players who are willing to bring out the best in others.  
| CCA Trial Procedures | • Test items on agility, speed, coordination and confidence will be conducted to select suitable members.  
| | • Sec 1 students will also be interviewed by our teachers and coach to learn more about their personalities and aspirations.  
| Target number of students | 10 to 12 students  
| Photos | ![C Division 2015](image)  
| | ![B Division 2015](image)  

UNIFORMED GROUPS
**Woodlands Ring Secondary School**  
**Physical Education Department**  
**2016 SECONDARY ONE CCA BOOKLET**

<table>
<thead>
<tr>
<th>Name of CCA</th>
<th>NATIONAL CADET CORPS (NCC)</th>
</tr>
</thead>
</table>
| **Name of Teachers** | Miss Elaine Lim Ee Teng (Commanding Officer)  
Mdm Chan May Peng (Training Officer)  
Mr Faizal B Farouk (Training Officer)  
Mdm Nor Lizawati Mohd Tahir (Training Officer)  
Mr Chin Jun Yong Joel (Training Officer)  
Mdm Sri Ratinawati Bte Hussein (Training Officer)  
Miss Farhana Zulkifli (Training Officer) |

**About the CCA**  
The NCC Syllabus is gradual and progressive. It aims to provide a diverse range of challenging and enriching activities. The five broad objectives of our activities are **Character Building, National Education, Adventurous Spirit, Leadership and Military Awareness**.

NCC is guided by **3 thrusts** – Leadership, Fitness and Commitment to Singapore and is driven by **8 core values** – Loyalty to Country, Uprightness, Leadership, Discipline, Commitment & Responsibility, Care for Fellow Cadets, Adventurous Spirit and Safety.

NCC has a Leadership Competency Model (LCM) that ensures cadets are equipped with sound leadership skills at the end of 4 to 5 years.

During their 1st year, the cadets learn basic military knowledge and skills such as the history and role of SAF and NCC, as well as skills such as SAR 21 weapon handling and individual field crafts. NCC HQ also organises Camp FORGE to build confidence in the cadets through adventure elements.

During their 2nd year, the cadets will attend another adventure camp called Camp STEEL which focuses on the value of teamwork. Cadets will also learn life skills and build up their ruggedness through other adventure activities such as Basic Orienteering Course and 1-Star Kayaking Course.

During their 3rd and 4th / 5th year, the cadets will be given opportunity to plan and execute training programmes. The aim is to allow the cadets to pick up leadership skills under the guidance of teacher officers. To ensure that the cadets can impart the necessary military knowledge on SAR 21 rifle and individual field crafts confidently, NCC conducts Specialist Assessment which they earn the rank of third sergeant and the Army-NCC badge. Outstanding cadets will attend the Senior Specialist Course and they can look forward to becoming key appointment holders in the school’s NCC unit.

All cadets are encouraged to learn freestyle drill and precision drill movements which build teamwork and resilience. Besides having a chance to participate in Freestyle Drill Competition and Precision Drill Squad Competition, cadets also perform at school-based events such as Total Defence Day Commemoration and National Day Celebration.

NCC is one of Singapore’s largest supporters of the National Youth Achievement Award. There are physical and VIA activities which allow cadets to work towards in achieving the Bronze and Silver awards. Outstanding cadets can aspire to achieve the Gold award.
Achievement(s) : 2015
- Achieved GOLD award in the Best Unit Competition (11th sustained award)
- Achieved the Top 10 position in the Central District for both Freestyle Drill Competition and Precision Drill Competition respectively
- Advanced Drill Course – Best Platoon Cadet: SSG Andy Chong Weikang

2014
- Achieved GOLD award in the Best Unit Competition (10th sustained award)
- Conferred the CM Philips Award by NCC HQ for obtaining 10 consecutive GOLD awards in the Best Unit Competition from 2005 to 2014
- Achieved 8th position in the Central District for both Freestyle Drill Competition and Precision Drill Competition respectively

2013
- Achieved GOLD award in the Best Unit Competition (9th sustained award)
- NCC Annual Shooting Competition Secondary 3 Team: 2nd position in the Central District
- Basic Precision Drill Squad Course – Best Trainee Award: SSG Darren Ho Zhan Rong

Frequency of CCA

School Term : Every Friday from 2.30 to 5.30 pm

School Holiday : 
- March holiday: Camp VALUES (for all Sec 1 cadets)
- March/June holiday: 1-Star Kayaking Course (for all Sec 2 cadets)
- June holiday Week 1: Specialist Assessment (for all Sec 3 cadets)
- June holiday Week 4: Senior Specialist Course (for selected Sec 3 cadets)

Others : 
- SAR 21 Weapon Handling & Shooting Classification
- 1-Star Kayaking Course
- Basic Orienteering Course
- Freestyle Drill & Precision Drill Practice
- NYAA activities

Parents / Guardians will be informed through the issue of information sheets.

Expenses to be borne by students : All cadets are provided with two sets of NCC uniforms (free of charge). They are allowed to do kit-exchange at the beginning of each year for misfit sizes or worn-off items. However, they have to bear the full cost for any lost item.

All cadets will pay around $12 for uniform accessories in Term 1.

Courses such as 1-Star Kayaking and Basic Orienteering will be co-paid between school and students through Edusave account or by cash (for PR/non-Singaporean). FAS students will be subsidised.
### Targeted Student Profile

While some activities can be strenuous, they are gradual and progressive. All teacher officers take a serious view on the well-being and safety of every cadet. Cadets will be challenged by choice to carry out any activity, and teacher officers will provide the necessary guidance and support. Cadets with a positive mindset will gain meaningful and enjoyable learning experiences.

### CCA Trial Procedures

The selection process will include an interview.

### Target number of students

25 to 30 cadets

### Photos

- Hiking at Bukit Timah Hill
- 1-Star Kayaking for Sec 2 cadets
- Tent-Pitching during Sec 1 Camp
- Field Cooking during Sec 1 Camp
- Freestyle Drill Competition
- National Day Parade
Name of CCA : NATIONAL POLICE CADET CORPS (NPCC)

Name of Teachers : Mdm Elena Chong Siew Foong (Officer-in-Charge)
Mrs Angelia Tan Guat Yen (Deputy Officer-in-Charge)
Mrs Sharon Sim Shiwei (Teacher-officer)
Miss Chua Yi Teng (Teacher-officer)
Mr Alfred Liu Hao Wei (Teacher-officer)
Mr Chung Yong Kai (Teacher-officer)

About the CCA : Our mission in NPCC is to develop our cadets into **Caring** and **Responsible** Citizens who will be future leaders of our nation. We are driven by 4 core beliefs:
- Developing Leaders with Character and Values
- Building Bonds with Singapore Police Force
- Showing Care and Concern to Others
- Facing Challenges and Achieving Excellence

Our cadets go through a **structured and progressive training programme** that challenges and develops them into selfless and resilient leaders who possess integrity and persevere in adverse and rugged contexts. Their growth and development is guided by NPCC’s As Learning Path: **Awareness of Self and Others**, **Acquisition of Skills**, **Actuation as Leader**, **Aspiration to Serve and Contribute**, **Achieving Competency**.

Throughout their 4 to 5 years in NPCC, cadets will also participate in other enrichment activities such as kayaking and high ropes challenge, attend courses such as Civil Defence Course, Anti-Narcotics Abuse Course, as well as go on visits to the Police Heritage Centre and Police Land Division Unit.

Achievement(s) : 2015
Achieved 4th placing for the Boys’ Team and ranked among the top 20 for the Girls’ Team in the NPCC X-Challenge 2015

2014
- Achieved **Gold** in the Unit Overall Proficiency Award
- Top 10 schools for both Boys’ and Girls’ Team in the Inter-unit Campcraft Competition

2013
- Achieved **Silver** in the Unit Overall Proficiency Award
- 2 cadets achieved SPF-NPCC Badge (most prestigious badge in NPCC)

2009 to 2012
- Achieved **Silver** in the Unit Overall Proficiency Award

Frequency of CCA
School Term : Regular training every Friday, 2.30 - 5.30 pm (if any school or public holiday falls on a Friday, the regular weekly training may be on a Thursday instead)
| **School Holiday** | • School Camps (e.g. Sec 1 Orientation Camp, Sec 3 Leadership Camp, Annual Unit Camp)  
• Sec 2 Adventure / Sec 3 Survival Training Camps at Pulau Ubin (organised by HQ; could be during term time)  
• Courses for Proficiency Badges (e.g. Civil Defence Course, SANA)  
✓ **All these camps and courses are compulsory for promotion** |

| **Others** | There will be certain compulsory learning journeys and activities scheduled by NPCC HQ on weekdays after school and/or during holidays. Cadets are expected to attend these activities. Information sheet will be given to parents in advance. |

| **Expenses to be borne by students** | • NPCC formation sign  
• Unit T-shirt (bought in Sec 1 or when the cadets need a bigger T-shirt)  
• Cadet Leaders T-shirt (for Sec 3 cadets upon taking over from their seniors)  
• Enrichment courses (possible to be subsidised by the school and the remaining amount to be paid in cash or Edusave by the cadets)  
• Overseas expedition organised by HQ (paid by cadets in cash)  
• Global classroom experience (partially subsidised by the school and the remaining to be paid by cadets in cash or through Edusave)  
• Cadets will need to pay if they misplaced any uniform or accessories given by HQ |

| **Targeted Student Profile** | • Students who like to be outdoors  
• Students who can endure long hours of physical training  
• Students who enjoy working as a team  
• Students who have no serious medical condition (e.g. fractured limbs, chronic asthma, severe allergic to grass) |

| **CCA Trial Procedures** | • A 2.4 km run or shorter distance  
• Complete a simple drill test  
• Interview with the teacher-officers |

| **Target number of students** | 25 to 30 |

| **Photos** | ![Total Defence Day Parade 2015](image.png) |
Pitching tent at Adventure Training Camp (ATC/STC) in Pulau Ubin (for Sec 2 and 3 only)

NPCC X-Challenge 2015 Boys' Team – 4th placing

NPCC Day Parade 2015
Values in Action at Willing Hearts 2015

Campcraft Training (Lashing) 2015

Air Force Museum Learning Journey 2015
Name of CCA : ST JOHN BRIGADE (SJB)

Name of Teachers : Mdm Siti Aisah Bte Mohd Yusop (OIC)
Mrs Chuah-Ng Lih Yng
Mr Yeoh Sin Hui Felix
Mdm Saratha D/O Arumugam
Mdm Farhanah Bte Samat
Mr Ariff Bin Abdul Aziz

About the CCA : St John Brigade is a voluntary non-profit organisation whose motto is ‘For The Service Of Mankind’.

Cadets are trained in First Aid, Home Nursing, Transportation of Casualty, CPR-AED, Basic Life Support and Foot drill. Outstanding Secondary 2 cadets are selected to go for Advanced Non Commissioned Officer (NCO) Course to be trained as future leaders.

Besides these training, cadets also attend external courses or learning journeys to obtain badges as part of their holistic development.

SJB is committed to nurturing the whole cadet so that when the cadet graduates, he/ she will possess the discipline, compassion and relevant skills to contribute to society.

Achievement(s) : Achievement(s):

- St John Ambulance Chief Commissioner Badge: 6 recipients
  Senior Staff Sergeants:
  - Chew Jun Qian James
  - Ooi Zheng Heng Joel
  - Nurhidayat Riduan
  - Cruz Rolly Matthew Capiral

  Sergeants:
  - Nurul Nadiah Ramli
  - Lau Hiu Yi

- Basic NCO Course (Zone 6 Top 10% trainee)
  Corporal Lee Guan Chen

- Advanced NCO Course (Zone 6 Top 10% trainee)
  Sergeant Xu Zhi Xiang

- Advanced NCO Course (Zone 6 Overall Best Trainee)
  Staff Sergeant Chew Jun Qian James (2013)
  Staff Sergeant Noor Izzan (2011)

- Corps Achievement Award – Gold (9th Gold for 2015)

<table>
<thead>
<tr>
<th>Fund Raising</th>
<th>First Aid &amp; Home Nursing Competition</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Zone 6</td>
</tr>
<tr>
<td>2013</td>
<td></td>
</tr>
<tr>
<td>Walkathon</td>
<td>1st</td>
</tr>
<tr>
<td>Flag Day</td>
<td>1st</td>
</tr>
</tbody>
</table>
Woodlands Ring Secondary School
Physical Education Department
2016 SECONDARY ONE CCA BOOKLET

<table>
<thead>
<tr>
<th>Year</th>
<th>Walkathon</th>
<th>Nursing Adult</th>
<th>Ambulance Cadet</th>
<th>Nursing Cadet</th>
</tr>
</thead>
<tbody>
<tr>
<td>2014</td>
<td>1&lt;sup&gt;st&lt;/sup&gt;</td>
<td>5&lt;sup&gt;th&lt;/sup&gt;</td>
<td>1&lt;sup&gt;st&lt;/sup&gt;</td>
<td>4&lt;sup&gt;th&lt;/sup&gt;</td>
</tr>
<tr>
<td></td>
<td>2&lt;sup&gt;nd&lt;/sup&gt;: First Aid Short Case</td>
<td>3&lt;sup&gt;rd&lt;/sup&gt;: Footdrill</td>
<td>3&lt;sup&gt;rd&lt;/sup&gt;</td>
<td>-</td>
</tr>
<tr>
<td>2015</td>
<td>1&lt;sup&gt;st&lt;/sup&gt;</td>
<td>-</td>
<td>2&lt;sup&gt;nd&lt;/sup&gt;</td>
<td>-</td>
</tr>
<tr>
<td></td>
<td>Flag Day</td>
<td>Nursing Adult</td>
<td>1&lt;sup&gt;st&lt;/sup&gt;</td>
<td>5&lt;sup&gt;th&lt;/sup&gt;</td>
</tr>
<tr>
<td></td>
<td>1&lt;sup&gt;st&lt;/sup&gt;</td>
<td>-</td>
<td>2&lt;sup&gt;nd&lt;/sup&gt;: Footdrill</td>
<td>1&lt;sup&gt;st&lt;/sup&gt;: Footdrill</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Ambulance Adult</td>
<td>1&lt;sup&gt;st&lt;/sup&gt;</td>
<td>2&lt;sup&gt;nd&lt;/sup&gt;: Transportation of Casualty</td>
</tr>
</tbody>
</table>

**Frequency of CCA**

**School Term**: Once a week on Friday, 2.30 – 5.30 pm

**Saturday**:
- CPR AED for Sec 2 (half day course either in the morning or afternoon)
- Basic Life Saving Course (BCLS) Sec 3 cadets (full day course)
- Flag Day Fund Raising (one day event only)
- Brigade General Inspection Rehearsal (Sec 2)

**School Holiday**: Compulsory NHQ events (Sunday)
Brigade General Inspection (September) & Annual St John Walkathon (end of October)

**March/ June/ November**: Badge courses

**November & December**: First Aid Competition Training: 3 times a week (selected cadets from Sec 1-3) of current year.
- Basic NCO Course (Sec 1: Promotion to Corporal rank)
- Advanced NCO Course (selected Sec 2: Promotion to Sergeant rank)

**Others**:
- Zone & National First Aid Competitions (Saturday/ Sunday)
- Singapore versus Malaysia First Aid Competition (Sunday)

**Expenses to be borne by students**: Sec 1
- CCA T Shirt ($10) & Marching Boots ($20)
- Uniform grant ($40) is a once-off subsidy. If cadets outgrow their uniform & boots, they will have to bear the 75% of the new set of attire

**Sec 1 to 4**
- Annual Camp ($10 per year)
- Edusave funds - All enrichment activities
- Students under FAS will bear 50% of any cost
## Targeted Student Profile

Students who:
- aspire to be in the medical field (e.g. nurses, doctors, paramedics);
- have the zeal to learn and apply first aid as well as knowledge in home nursing and transportation of casualty in daily lives;
- are outgoing and **critical thinkers**

## CCA Trial Procedures

- Interview & Aptitude Test

## Target number of students

- 24

## Photos:

1. **Total Defence Silver Learning Journey to Singapore Discovery Centre**
2. **SJB & NCC Day 2015**
3. **One Community First Aid Duty with Guest-of-Honour, Mr Tan Chuan Jin (Manpower Minister)**
4. **National Day Parade 2015**
5. **National First Aid Competition 2015**
6. **Shooting Course**
Global Classroom Experience Semarang, Indonesia

OCIP Chiangmai, Thailand
Senior Staff Sergeant Joel Ooi (front, extreme left)
& Sergeant Nadiah (front, second from right)
VISUAL & PERFORMING ARTS
<table>
<thead>
<tr>
<th>Name of CCA</th>
<th>:CHINESE DANCE</th>
</tr>
</thead>
</table>
| Name of Teachers| Mdm Sun Fupei (I/C)  
Mdm Chong Ning Shuang |
| About the CCA  | Through sheer hard work, passion and dedication, the school’s Chinese Dancers have achieved much for themselves and for the school. In 2015, the dance group is being invited to perform during the Youth Celebrate SportsHub Opening Ceremony, together with 7 other schools. The Chinese Dance obtained a Gold and a Silver at the Singapore Youth Festival (SYF) Central Judging in 2009 and 2011, respectively. At the SYF Arts Presentation 2013, the members did the school proud once again by achieving a Certificate of Distinction. All these achievements boosted the dancers’ confidence and ignited their passion for Chinese Dance. The Chinese Dance has been actively contributing to the community through public performances. For two consecutive years (2012 and 2013), the dancers had volunteered to perform during the Chinese New Year Lohei Dinner for the elderly in Lions Club. They were also invited to perform at the official opening of the Woodlands Galaxy Community Centre in 2013, which was graced by Prime Minister Mr. Lee Hsien Loong. Through the guidance of the dance instructor, Miss Zhang Xiao Qi, and the teachers, the members have honed their skills in Chinese Dance and conscientiously applied the school values of Responsibility, Respect and Resilience. “To watch us dance, is to hear our hearts speak.” |
| Achievement(s) | 2015
- SG50 Youth Celebrate! 2015 and Opening of the Singapore Sports Hub: Mass Display Performance  
2013
- SYF Certificate of Distinction |
| Frequency of CCA | School Term : Every Monday, 3.00 – 5.30 pm  
School Holiday : 1. March holidays: 3 sessions, 4 hours per session.  
2. June holidays: 3-5 sessions, 4 hours per session.  
3. November and December holidays: 10 sessions, 4 hours per session.  
Others : Frequency will increase by **one session per week** in the lead up to major performances including:
- School’s Public Performance  
- School’s Performance e.g. Chinese New Year Concert  
- SYF Arts Presentation for Chinese Dance |
| Expenses to be borne by students | • CCA T-Shirt  
• Tights  
• Dance shoes  
• Hair pins  
• Hair nets |
**Woodlands Ring Secondary School**  
**Physical Education Department**  
**2016 SECONDARY ONE CCA BOOKLET**

- Enrichment courses
- Tickets for cultural dance performances

| **Targeted Student Profile** | Students who  
|  | • are interested in Chinese Dance,  
|  | • have dance experience will be preferred. |

| **CCA Trial Procedures** | The interviewees are to give a short introduction of themselves. They will also be required to do some basic dance moves by following the seniors. |

| **Target number of students** | 10 to 15 students |

| **Photos** | ![Photo](image1.jpg)  
|  | Photo taken during Public Performance @ Republic Polytechnic 2014  
|  | ![Photo](image2.jpg)  
|  | Photo taken during SG50 Youth Celebrate 2015 Rehearsal |
### Name of CCA

CHOIR

### Name of Teachers

Mdm Joyce Lee Swee Hoon (I/C)  
Miss Dieh Ye Woon  
Miss Jolene Khoo Li Wen

### About the CCA

The WRS Choir is also known as ‘Concordia’. It is a Latin word for ‘Harmony’. Concordia is made up of a group of students who enjoy exploring music through singing. We sing a wide genre of songs ranging from Renaissance to Classical to Modern Popular Music. We also sing music of various languages and cultures.

Concordia is a fun mix of learn and play. Under the guidance of our Choir instructor, Ms Grace Oey, we engage in both indoor and outdoor activities as part of our training and also to build rapport among members. We meet twice a week in a collaborative environment to express ourselves through singing and to develop our skills.

In Concordia, our members discover and develop their talents in singing. To deepen the learning and showcase our talents, we seized the opportunities to perform at various platforms. They include:

- **Our People Our Music (2014)**, an event organised by Singapore Chinese Orchestra, which broke 2 Guinness World Records for the largest Chinese orchestra and largest drum ensemble.
- **National Day Observance Ceremony at the Treasury Building (2014)**, an event witnessed by DPM Tharman Shanmugaratnam, DPM Teo Chee Hean, Minister Lim Hng Kiang and Minister K. Shanmugam, together with members from their ministries.
- **National Day Observance Ceremony at MOE Headquarters (2015)**, an event graced by then Minister of Education, Mr Heng Swee Kiat, and members of the Ministry of Education. At this event, Concordia showcased the song “In our homeland, the lions roar as one” composed by our members.

To provide a variety of learning experiences for our members, Concordia also participates in learning journeys and competitions.

Concordia continues to strive for excellence. We believe that each and every one of us is a pillar of support for one another. We move forward together, growing and learning as one big family.

### Achievement(s)

**2015**
- SYF Arts Presentation 2015 - Distinction Award

**2013**
- SYF Arts Presentation 2013 - Distinction Award

**2012**
- Winter Choral Festival in Hong Kong - Silver Award

**2011**
- SYF Central Choral Judging 2011 - Silver Award
Frequency of CCA

<table>
<thead>
<tr>
<th>School Term</th>
<th>Wednesday 3.00 – 5.30pm</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Friday 2.30 – 5.30pm</td>
</tr>
<tr>
<td>School Holiday</td>
<td>March: Practices may be held twice during March holidays.</td>
</tr>
<tr>
<td></td>
<td>June: Practices will be held on the first and last week of June holidays</td>
</tr>
<tr>
<td></td>
<td>September: To be confirmed</td>
</tr>
<tr>
<td></td>
<td>November – December: To be confirmed</td>
</tr>
<tr>
<td>Others</td>
<td>2D1N Camp</td>
</tr>
<tr>
<td></td>
<td>Student exchange programmes with other schools</td>
</tr>
<tr>
<td></td>
<td>Learning journeys/ Choral workshops</td>
</tr>
<tr>
<td></td>
<td>SYF Arts Presentation</td>
</tr>
<tr>
<td></td>
<td>Sectional practices initiated by students</td>
</tr>
<tr>
<td></td>
<td>Intensive practices in preparation for performances/ competitions</td>
</tr>
</tbody>
</table>

Expenses to be borne by students

- Choir fund $2 a month
- Choir T-shirt ($10 – $15)
- Choir concert attire

Targeted Student Profile

Anyone who loves singing and wants to develop good singing techniques.

CCA Trial Procedures

Students will be invited to sing a familiar song during the choir auditions.

Target number of students

20 to 25

Photos

- ‘Sing! Concordia 2014’ Choir Public Concert at The Republic Cultural Centre, Republic Polytechnic
Name of CCA : ENGLISH DRAMA CLUB

Name of Teachers : Mr Choy Chengzhen (I/C)
Miss Low Mun Fei
Mdm Khamisah Saman
Mdm Suzana Bte Sarikon

About the CCA : The English Drama Club, otherwise known as Et Cetera or EC, is a group of drama enthusiasts who wish to share their love and passion for the art form with the school and the community. EC members enjoy many opportunities to express themselves in fun and creative ways, be it through speech, writing or acting. Certainly, EC does not limit itself to any particular genre of drama but is always open to any relevant projects. The CCA allows for growth not just in the area of acting, but also challenges and prepares its members to take up different roles and responsibilities, such as scriptwriter, director, stage manager, costume designer, multimedia technician, emcee, leader, team player, Et Cetera.

As EC’s slogan “You can be more than who you are” suggests, members learn to believe in themselves and to maximise their potential through the CCA.

Achievement(s) : 2015
- In Singapore Youth Festival 2015 Arts Presentation for Drama, the team attained a Certificate of Accomplishment.
- Showcase of SYF drama at #TellStory at Woodlands Regional Library
- Performed a skit for the Fairytale Trail at Serangoon Library and Ang Mo Kio Public Library

2014
- Participated in the school musical “I Believe”
- Had an in-house drama production “East Meets West”
- Performed a skit on Environmental Issue for Stage That Page at Bedok Library
- Performed a skit for the Fairytale Trail at Ang Mo Kio Public Library

2013
- In Singapore Youth Festival 2013 Arts Presentation for Drama, the team attained a Certificate of Accomplishment.
- Filmed a skit on cyber wellness for MOE Educational Technology Division.
- Performed a skit for the Fairytale Trail at Ang Mo Kio Public Library

Frequency of CCA
School Term : Wednesdays 3.00 – 5.30pm
- Fridays 2.30 – 5.30pm

School Holiday : Training, camps and workshops may be held during school holidays
Students participating in competitions/performances will be expected to put in more hours for extra practices/rehearsals, which can be as intensive as 3 to 5 times weekly close to the actual event(s). Students may also be involved in Values in Action (VIA) projects or serving the school in different capacities such as organising or being the emcees for certain events.

| Expenses to be borne by students | • CCA T-shirt (maximum $15 yearly)  
|                                 | • Costumes (basics)  
|                                 | • Tickets to performances (assistance provided for FAS students for certain performances) |

**Targeted Student Profile**

- Students who
  - have an interest in English Drama.
  - are willing to speak up and perform in front of an audience.
  - are able to commit to intensive sessions of training/rehearsals when required.

**CCA Trial Procedures**

1. Interview
2. Selected students to go through an audition.

**Target number of students**

- 10

**Photos**

- Our SYF Participants in 2015
- Showcasing of our SYF drama at #TellStory, organised by How Drama and Woodlands Regional Library
Name of CCA : GUZHENG ENSEMBLE

Name of Teachers : Mdm Foo Hui Ling Rebekah (I/C)
Mdm Liong Hui Min
Miss Teo Si Ni

About the CCA : Our Guzheng Ensemble has a total strength of about 40 members. A professionally trained Guzheng instructor from China is specially engaged to impart the techniques to our students.

With wide exposure through school-based and public performances, our Guzheng performers are given the opportunities to build resilience and confidence.

Our outstanding results at the Singapore Youth Festival Arts Presentation, coupled with the positive reception from the public, has given our Guzheng Ensemble a reputation as a renowned orchestra group in the North Zone.

Achievement(s) : • SYF Central Judging 2011 – Gold Award
• NUS Chinese Instrumental Examination 2014
• SYF Arts Presentation 2013 – Certificate of Distinction
• NUS Chinese Instrumental Examination 2014
• Participation in Our People Our Music 2014: My Home – Singapore!
• SYF Arts Presentation 2015 – Certificate of Distinction

Frequency of CCA
School Term : Every Wednesday (TBC)
Sec 1 : 3.00 pm – 4.15 pm
Sec 2 to 5 : 3.00 pm – 5.30 pm

Every Friday (TBC)
Sec 1 : 2.30 pm – 4.30 pm
Sec 2 to 5 : 2.30 pm – 5.30 pm

School Holiday : Approximately 20 sessions x 3 hours
(Parents/guardians are advised not to make holiday plans until the holiday schedule is given to students.)

Others : Students will participate in Values in Action (VIA) activities/projects and various other public performances. Selected students will represent the school in the Singapore Youth Festival Arts Presentation, held once every two years.

Expenses to be borne by students : Equipment

Mandatory:
1. Tuner device – Approximate cost of $40
2. One set of extension nails and nail adhesive plaster – Approximate cost of $20
3. CCA T-shirt – Approximate cost of $18

Note: The school will place the order for your child/ward.

Optional:
Note: Prices may vary depending on the suppliers.

**Grading Examination**
The students are highly encouraged to take the NUS Guzheng grading examination to accredit their skill, by spurring them to greater heights. The cost incurred for the examination and music scores are to be paid for by students. The cost is stated on the website: [http://nus.edu.sg/cfa/education/exam/structure.php](http://nus.edu.sg/cfa/education/exam/structure.php)

**Learning Journey and External Performances**
Learning Journey is one way to expose our students to music in every form, and to learn from professionals. Transport may not be provided for all journeys, so as to give students opportunities to practice responsibility. In an effort to get students involved in Values in Action, students may be brought out for performances at various venues. Two-way transportation will be provided.

<table>
<thead>
<tr>
<th>Targeted Student Profile</th>
<th>:</th>
<th>Students who are interested in learning a musical instrument. Some would be selected to learn percussion instruments such as the drums, timpani and xylophone. Students who have music background (e.g. piano, violin) would find their prior knowledge and training an advantage when learning the Guzheng or percussion instruments.</th>
</tr>
</thead>
<tbody>
<tr>
<td>CCA Trial Procedures</td>
<td>:</td>
<td>Senior members of the Guzheng Ensemble would teach Sec 1 students a simple piece of music to play. The instructor would assess the student by watching and listening to him or her play on the Guzheng and percussion instruments. For example, student’s sense of rhythm. Student would be notified on the spot of suitability after a quick interview of his or her interest in learning the Guzheng or percussion, and background in music.</td>
</tr>
<tr>
<td>Target number of students</td>
<td>:</td>
<td>10 – 20</td>
</tr>
</tbody>
</table>
Photos:

WRSS Guzheng Ensemble
Achieved the Certificate of Distinction in SYF 2015 Arts Presentation for Instrumental Ensemble (Guzheng)

Guzheng Ensemble at Bollywood Veggies

06.02.2015
<table>
<thead>
<tr>
<th>Name of CCA</th>
<th>MALAY DANCE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Name of Teachers</td>
<td>Mdm Noor Shidah Bte Hassan (I/C)</td>
</tr>
<tr>
<td></td>
<td>Mdm Nurul Nadia Binte Ja'afar</td>
</tr>
<tr>
<td>About the CCA</td>
<td>All Malay Dance members are given the opportunity to participate in external dance competitions and performances to build their confidence and to showcase their hidden talents. They are also given the responsibility of choreographing dance steps for performances in school concerts. In 2015, we were privileged to be given the opportunity to participate in the special mass display event as part of the SG50 Youth Celebrate! and official opening of the Sports Hub celebrations in which our Prime Minister officiated this event. Our members have gained one of the most memorable and valuable experiences by joining this event which was jointly organized by the Education Ministry and Ministry of Culture, Community and Youth. Members with leadership potential who command respect from their peers are given responsibility to co-ordinate and manage the group as well as motivate other members to give their best in Malay Dance. All Malay Dance members are expected to be well-behaved at all times. We participated in the Singapore Youth Festival Arts Presentation in 2013 and were awarded the Certificate of Accomplishment. Members get to explore and discover the different Malay cultural dances such as Asli, Masri, Zapin, Joget and Inang. We hope that members will be able to heighten their cultural awareness through Malay Dance. We welcome male and non-Malay students in our CCA. Currently, we have a total of 2 male and 4 Chinese students that are given the opportunity to showcase their talent in dancing.</td>
</tr>
<tr>
<td>Achievement(s)</td>
<td>2015</td>
</tr>
<tr>
<td></td>
<td>SG50 Youth Celebrate! 2015 and Opening of the Singapore Sports Hub: Mass Display Performance</td>
</tr>
<tr>
<td></td>
<td>2013</td>
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<tr>
<td></td>
<td>SYF Arts Presentation : Certificate of Accomplishment</td>
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<tr>
<td></td>
<td>2011</td>
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<tr>
<td></td>
<td>SYF Central Judging : Gold Award</td>
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<tr>
<td></td>
<td>2009</td>
</tr>
<tr>
<td></td>
<td>SYF Central Judging : Silver Award</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Frequency of CCA</th>
</tr>
</thead>
<tbody>
<tr>
<td>School Term : Every Wednesday; 3.00 – 5.30pm</td>
</tr>
<tr>
<td>School Holiday : March / September holidays: 3 hours per session. June school holidays: 3 times at 3 hours per session November / December school holidays: 6 times at 3 hours per session</td>
</tr>
<tr>
<td>Others : Additional practice on Saturday; to prepare for competitions (such as</td>
</tr>
</tbody>
</table>
Woodlands Ring Secondary School
Physical Education Department
2016 SECONDARY ONE CCA BOOKLET

SYF) or any ad-hoc activities (such as school events or Values in Action Service Learning project)

Expenses to be borne by students:
- CCA T-shirts over their 4 to 5 years
- Enrichment courses

Targeted Student Profile:
- Students who
  - like to perform on stage in front of a live audience;
  - are committed to learning traditional and contemporary Malay dance;
  - are disciplined individuals;
  - can endure rigorous trainings.

CCA Trial Procedures:
- To demonstrate the basic step or dance move that defines the character of a particular dance such as Asli, Masri, Zapin, Joget and Inang.

Target number of students:
- 15

Photos:

Malay dancers donning their colorful traditional costumes

Our Malay Dancers, Muhammad Danial Syazwan (Bottom Left) and Muhammad Fitri (Top Right) striking a pose with the Modern Dancers at the SG50 Youth Celebrate! 2015 @ Singapore Sports Hub
Name of CCA : Modern Dance

Name of Teachers : Mdm Liu Xin Qi (I/C)
Miss Sharon Tan Fang Yu
Miss Joycelyn Tan Hui Ying

About the CCA : Vision – Dancers of Distinction, Growing as One
Mission – Nurturing Confident, Passionate and Gracious Dancers
Values – Tenacity, Love ♥, Commitment
Motto – Dare to Dream. Dare to Inspire. Dare to Dance.

All members of Modern Dance are given the opportunity to participate in external dance performances and competitions according to their levels of dedication and skill. Every year, they will also be able to go on at least one learning journey to learn about the different dance genres.

Modern Dance focusses on both personal and team achievement through discipline and a common purpose. The members are expected to work hard, and gain fulfillment through improving their dance skills. They will also learn to work together as a team and experience what it is like to be part of a learning and growing community. Those who demonstrate leadership potential and a genuine concern for others will be groomed to assume positions of responsibility in the dance group.

In line with our mission of nurturing confident, passionate and gracious dancers, Modern Dance put up a dance showcase “Dare to Dream” in April 2014 at The Republic Cultural Centre, under the guidance of our very dedicated dance instructor, Ms Stephanie Loh. “Dare to Dream” is slated to be a biennial dance production to showcase Modern Dancers' creativity, dance techniques and skills through a repertoire of dance items spanning from K-pop items, ballet to hip-hop and many other possible dance genres.

Public performance opportunities are also present. In August 2013 and 2014, they performed at the Woodlands National Day Dinner. Secondary One dancers can look forward to their debut performance in this event.

We also went on learning journeys to learn about different forms of dance. The primary focus in 2014 was on ballet.
- Singapore Dance Theatre’s Masterpiece in Motion featuring three ballets of international standards
- Onegin: Stuttgart Ballet

In 2015, Modern Dance was part of Youth Celebrate!, a large-scale festival for the youth at the Sports Hub. We also took part in Super 24 Dance Competition. Super 24 diverges from normal dance competition practice of “front view” judging, and introduces 4-sided judging, where no area will be left uncovered, no action unnoticed. In this competition, “every dancer counts”.

Achievement(s) : 2015

- SG50 Youth Celebrate! 2015 and Opening of the Singapore Sports Hub: Mass Display Performance

2014

- ‘Dare to Dream’ Dance Production at Republic Polytechnic
## Frequency of CCA

**School Term**
- Monday, 3 p.m. – 5 p.m.
- Thursday, 3 p.m. – 5.45 p.m.

**School Holiday**
- *June Dance Camp
- *November to December – 6 to 8 sessions

**Others**
- Performance, competition and learning journey(s) on weekends (3 to 5 weekends)
- CCA-based VIA

*Parents/guardians are advised not to make holiday plans until the holiday training schedule is given to the students.*

## Expenses to be borne by students

- Dance attire – leotard and tights for girls ($30), CCA shirt ($20 per year)
- Learning journey(s) (up to $80 per year, can be paid via Edusave)
- Modern for Dance fund celebrations/camps/outings ($3 per term)

## Targeted Student Profile

- Students of all races and backgrounds, both boys and girls, and of all skill levels with the eagerness to learn and a positive attitude towards trying something new.
- Students who can endure long hours of physical training.
- Students with dance background are most encouraged to join us.

## CCA Trial Procedures

- Simple warm-up and dance routines
- Reporting attire (P.E. shirt and shorts)

## Target number of students

- 15 to 20

## Photos

Dare to Dream Production 2014 @ The Republic Cultural Centre
Hip Hop Training 2015 during CCA session

Honours Day Performance 2015

SG50 Wefie during rehearsal for Youth Celebrate!
Super 24 Dance Competition 2015
Name of CCA : SYMPHONIC BAND

Name of Teachers : Mr Ong Chee Lim (I/C)
Miss Huang Baoxian Kaylan
Miss Chan Cee Teing
Mr Lai Jun Wei

About the CCA :
Formed in 1998, the Woodlands Ring Secondary School Symphonic Band (WRSSB) started as a military band and in 2010, WRSSB was converted into a symphonic band and has been achieving several awards at the Singapore Youth Festival Central Judging for Concert Bands and the Singapore International Band Festival.

Led by our band director, Mr Colin Ng, the Band contributes to the aesthetically vibrant culture of the school by performing at various school functions. The Band is also regularly invited to perform in public, such as at the Gardens by the Bay, SIBF outreach programme at Marina Bay and Woodlands CC National Day Dinner.

The Band has also participated in various exchange programmes locally with other secondary school bands and attended master classes by professional tutors and conductors.

In line with our school mission to nurture responsible, caring and independent individuals, WRSSB held its very own first full scale concert in 2006 entitled BRAVISSIMO! BRAVISSIMO! has since been the name for our band concert, enthusiastically received every time.

The band aims to provide its students with an unforgettable learning experience which they can look back to with fondness, years after graduating from the school. The band aims not only to hone the musical skills of the students, but also to develop their character.

The band hopes to instil discipline in the students and nurture them to be responsible, respectful and resilient individuals.

Achievement(s) :

<table>
<thead>
<tr>
<th>Year</th>
<th>Result</th>
</tr>
</thead>
<tbody>
<tr>
<td>2005</td>
<td>Silver</td>
</tr>
<tr>
<td>2007</td>
<td>Bronze</td>
</tr>
<tr>
<td>2009</td>
<td>Silver</td>
</tr>
<tr>
<td>2011</td>
<td>Bronze</td>
</tr>
<tr>
<td>2013</td>
<td>COA*</td>
</tr>
<tr>
<td>2015</td>
<td>COA*</td>
</tr>
</tbody>
</table>

*Certificate of Accomplishment

Results of Singapore International Band Festival

<table>
<thead>
<tr>
<th>Year</th>
<th>Result</th>
</tr>
</thead>
<tbody>
<tr>
<td>2012</td>
<td>Bronze</td>
</tr>
<tr>
<td>2014</td>
<td>COP*</td>
</tr>
</tbody>
</table>

*Certificate of Participation

On 20 Nov 2015, the Band put up the sixth of its Bravissimo! series of concerts, Bravissimo! VI. The Band also performed at the school’s Public Performance in 2008, 2010 and 2012.

In November 2014, the band participated in the 6th Winter Band Festival 2014, held in Hong Kong and achieved a Silver award for the competition. The band also performed at Disneyland Hong Kong under the DPA programme.
<table>
<thead>
<tr>
<th>Frequency of CCA</th>
<th>School Term</th>
<th>School Holiday</th>
<th>Others</th>
<th>Expenses to be borne by students</th>
<th>Targeted Student Profile</th>
<th>CCA Trial Procedures</th>
<th>Target number of students</th>
<th>Photos</th>
</tr>
</thead>
</table>
|                  | Mondays: 3.00 – 5.30 pm **and** Thursdays: 3.00 - 5.30 pm *moving of instruments will be earlier* | • March holidays: 2 - 3 sessions*  
• June holidays: 3 sessions* a week for first and last week  
• November/December holidays: 3 sessions* a week for at least 4 weeks  
* each session will stretch from 9 am to 5 pm, separated by 1-hour lunch breaks | • Residential camps will be organised during the June / November holidays. Students are expected to stay overnight for residential camps.  
• Public performances or additional practices can take place on weekends.  
• Exchange programmes with other local bands or concerts are normally planned on Saturdays or during holidays.  
• Sectional Practices initiated by students | • Band T-shirt (est $15, for 4 years),  
• Concert attire (all black - shirt/blouse, pants, shoes, for 4 years)  
• Band Camp (est $10/camp, 2 camps/year)  
• Music Theory Book (Grade1&2) – Edusave deduction available  
Note: FAS students will make partial payments. | Students who are fond of music, possess a teachable attitude and are willing to commit to the CCA for the whole of his/her Secondary school life. No prior music experience is needed. Besides music training, practices will also include drills and marching.  
The band expects a very high level of commitment, discipline and accountability from its members. Members must pass stipulated assessments to qualify for participation in performances (e.g. SYF). | Students will go through four training stations to try to produce sound through mouth pieces for different instrument groups (flute/single reeds/lower brass/higher brass) for assessment. There is a fifth station to train on rhythm.  
The assessment will either be done by the music director personally, or recorded with the help of senior band members. The whole selection process may take up to two hours to complete. | 25 - 30 |
Our family photo! Taken after the Junior Band investiture in August 2015

Our Symphonic Band taking part in Singapore International Band Festival
Our Symphonic Band performing at Gardens by the Bay in July 2015
Our Symphonic Band Performing during Term 1 Assembly

Our Band members taking group photo before going into Disneyland Hong Kong for their performance (November 2014)